



PE Curriculum Statement – September 2022

Our School Vision:

Our aim is for all to belong to a safe and happy community which celebrates our diversity and differences. Our children will be well prepared for the next step of their journey as responsible citizens. We aspire for all to flourish.



The National Curriculum: “A high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically demanding activities. It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect”.

Intent

At SMSG the intent of teaching Physical Education is to give children the tools and understanding required to make a positive impact to their own physical health and well-being. We want all children to experience a wide variety of sports and physical skills which will enhance life-long fitness and healthy life choices. PE can challenge and promote self-esteem through the development of physical confidence and problem solving. It teaches children to cope with both success and failure in competitive, individual and team based physical activities. Within dance it will allow children to explore their personal and spiritual identity. Our aim is to aid our children in developing the school values and to celebrate and respect the success of others, as well as celebrating their own successes.

Implementation

Our whole curriculum is shaped by our school vision which aims to enable all children, regardless of background, ability, additional needs, to become responsible citizens and flourish. It is underpinned by our curriculum drivers:

	Opportunity	We strive to ensure that our delivery of Physical Education provides children with a toolkit on how to live a healthy and active lifestyle, so they move onto secondary school knowing the benefits of being healthy and active. We are dedicated to ensuring healthy minds, as well as bodies, and will continue to support our children's well-being.
	Enquiry	We foster the natural curiosity of our children and support them to develop inquisitive thinking about their learning. PE lessons enable the children to develop and explore a range of physical, social and emotional skills. They will acquire new knowledge involving a range of sports and activities.
	Language	Language rich lessons develop a wide vocabulary which we want our children to use confidently and accurately. We want to develop expressive and articulate young people



who have a broad vocabulary that links to sport and physical education.

We teach the National Curriculum supported by a clear skills and knowledge progression. This ensures that skills and knowledge are built on year by year and sequenced appropriately to maximise learning for all children. It is important that the children develop progressive physical skills. In PE, our pupils are provided with opportunities to build upon skills which will engage and inspire them, whilst building confidence and self-awareness. They are encouraged to try new techniques and become confident and competent in the use of specific equipment for a wide variety of games and activities. Sports coaches and teachers with appropriate subject knowledge will model and inspire pupils to use a range of skills which they can practise and improve lesson by lesson. Year 4 will be having a course of weekly swimming lessons, which will allow pupils to meet the curriculum requirements for Swimming in Key Stage 2. Year 5 and 6 are completing covid catch-up swimming lessons.

- Children have a minimum of 2 x 1 hour PE lessons per week.
- Healthy Eating is covered within the 'Healthy Me' unit in PHSE lessons and relevant Science units. There is also 'Health and Fitness week' in summer term for the whole school.
- Pupils are taught to develop their techniques through topic work, when opportunities arise.

Impact

By the time the children at St Mary and St Giles leave our school they should have developed:

- A secure knowledge and understanding of the skills, sports and games covered in the PE curriculum.
- The ability to communicate confidently, using accurate technical sporting vocabulary.
- The ability to think, reflect, discuss and evaluate individual and team performances.
- A passion for physical activity and an enthusiastic engagement in learning.
- A respect for teammates and competitors, showing outstanding sporting attitude.
- A desire to reach their full physical potential and strive to lead a healthy lifestyle.

We aim to ensure that our delivery of Physical Education allows all children to develop the school values so that they have the skills and mind set to leave primary school with the capabilities to be successful in their sporting endeavours. We strive to educate our children to develop a greater understanding of how to live healthy lifestyles and make healthy choices. We have strong links with local clubs and partnerships within our community. We know that good mental health is integral to pupils' development and for their progression throughout school in general. We want children to experience the benefits of exercise and to understand how regular participation in this can lead to healthier and happier futures for all. We want them to gain enjoyment, fulfilment and success from PE lessons, leading them to feel inspired and enthusiastic to participate in physical activities in wider society.

We measure the impact of our curriculum through the following methods:

- Images and videos of the children's practical learning.
- Asking the pupils about their learning (pupil voice).

- Lesson observations where there is the opportunity for a dialogue between teachers/coaches.
- Verbal feedback during lessons.